



# Home State Health Plan Care Management Benefits



**Show Me Healthy Kids**  
MANAGED BY HOME STATE HEALTH

Confidential and Proprietary Information

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## Who Is Home State Health?

Home State Health, a subsidiary of Centene Corporation, began operations in 2012. We deliver high quality, locally-based healthcare services to our members with our providers benefiting from enhanced collaboration and strategic care coordination programs.

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**PURPOSE**  
Transforming the health of the community,  
one person at a time.

**Serving ALL OF Missouri**  
Home office in St. Louis  
with remote staff statewide



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**POPULATIONS WE SERVE:**

- CHIP (Children's Health Insurance Program)
- TANF (Temporary Assistance for Needy Families)
- Medicaid Expansion
- Pregnant Women

- Sole Source Foster Care Marketplace**
- D-SNP (Dual Eligible Special Needs Plan)
- Medicare Advantage

**580,800**  
Membership  
*(all supported products as of 2/6/25)*

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**328**  
Employees

	Providers	Hospitals
Medicaid	5500	117
Marketplace	5,091	88
Medicare	4,817	75

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Home Login Careers Contact Us Find Community Resources Language Enter Keyword Q

home state health. For Members For Providers Find a Healthcare Provider New Member Toolkit Community Outreach

MO HealthNet Managed Care - Medicaid

Show Me Healthy Kids

Health Insurance Marketplace

Medicare Advantage

Home State Health Videos

MO HealthNet Managed Care - Medicaid

Need assistance on your healthcare?

<https://www.homestatehealth.com>

<https://findaprovider.homestatehealth.com/location>

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## Specialty Care Management Programs

### Lead Care Management

Members are eligible for the Lead CM program when there is a positive blood lead test equal to or greater than five (5) micrograms per deciliter (elevated blood lead level, or EBLL).

### Sickle Cell Care Management

The Sickle Cell CM team provides support and oversight of coordination of efforts for Sickle Cell members, care givers and health care providers to meet the complete medical needs of members with an added focus on those members identified as complex or high utilizers.

### General Pediatric & Adult Care Management

The [Pediatric & Adult Care Management](#) staff assist members in achieving optimum health, functional capability, and quality of life through improved management of their disease or condition. They work collaboratively with members, family and significant others, providers, and community organizations to develop goals and assist members in achieving those goals.

### Start Smart for Your Baby

[Start Smart for Your Baby®](#) is our special program for individuals who are pregnant. In addition, we have a focused program specifically designed for pregnant people with substance use disorder.

For babies requiring NICU stays, we also offer **NICU Care Management**. A dedicated NICU care manager assists with communicating with the baby's medical team, understanding the baby's plan for care, helping to find additional health care resources if needed, and more.

### Behavioral Health Care Management

The intent of Behavioral Health Care Management is to provide individualized, strength-based, holistic care to members identified for services. HSH recognizes that best practice approaches the promotion of mental health as part of the larger field of health promotion. Mental health is not just the absence of illness but is the promotion of well-being and healthy behaviors.

The care managers are trained to support FUH visits to help meet NCQA HEDIS measure: percentage of members received follow-up within 7 or 30 days of discharge.

### Asthma Waves Program

The [asthma program](#) provides a designated asthma care manager who will provide telephonic or face-to-face interaction, education and support services to promote adherence to asthma treatment guidelines, prevent exacerbations and optimize functional status, and referrals.

Spacer, peak flow meter, and hypoallergenic items can be sent directly to the member's home without requiring a prior auth or a prescription. Members receive \$25 My Health Pays rewards if 3 coaching sessions are completed.

### Show Me Healthy Kids

Coverage under [Show Me Healthy Kids \(SMHK\)](#) managed by Home State Health began July 1, 2022. Individuals who qualify for coverage through SMHK were automatically moved to this plan from their existing health plan or will be enrolled in this health plan the day they are approved for MO HealthNet benefits. They will continue to get their healthcare coverage through this plan as long as they are eligible. Eligibility groups for SMHK include:

- Children in the care and custody of the Missouri Department of Social Services
- Children receiving adoption or legal guardianship subsidy
- Adults under the age of 26, who were in foster care on their 18th birthday and covered by MO HealthNet, and who meet other eligibility criteria
- Former foster care youth under the age of 26, who were previously in foster care on their 18th birthday and covered by Medicaid from another state, and who are not currently eligible for Medicaid coverage under another program

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## Asthma Waves Program



An Asthma program providing telephonic/Virtual education and support services by our dedicated Care Manager and team. The goal is to promote adherence to asthma treatment guidelines, prevent exacerbations, optimize functional status, and provide referrals to community resources.

### Identification

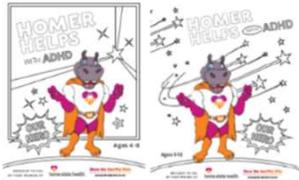
- Reports
- Hospital Admissions
- Discharge Notifications
- Inbound Member calls
- Provider Referrals

### Asthma Specific Member Benefits

- Hypoallergenic mattress cover
- Hypoallergenic pillow protector
- Spacers
- Peak Flow Meters
- My Health Pays rewards
- Educational material and guidebook

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## Homer Helps



The Homer Helps kit is a health plan benefit for members diagnosed with ADD/ADHD. The kit includes a weighted plushie and an age-appropriate coloring book with activities.

Who is eligible?

- ADD/ADHD diagnosis
- Take a prescribed medication for ADD/ADHD
- Be between 4-12 years of age
- Be enrolled in care management

This Kit can be used as a therapeutic tool for members to help with concentration and/or sooth self-stimulating behaviors.

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## Pregnancy Support Benefits

### Breast Pump Options:







- ❖ Unimom Zomee Z2
- ❖ Unimom Minuet
- ❖ Laniso Signature Pro Double Breast Pump with Tote Bag
- ❖ Motif Twist Breast Pump
- ❖ Deluxe Medline Double Electric Breast Pump Kit with 6 bottles, Cooler Bag and Tote Bag









**How can a breast pump be requested?**

- <https://referrals.tenderheart.com/create-referral/breast-pump>
- Call Tenderheart at 1-877-394-1860
- Call Home State Health Care Management at 855-694-4663 ext. 6075125

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## Meal Benefits

Members who recently delivered a baby and has been released from an inpatient stay are eligible for meals.

Members who meet criteria for our pregnancy pilot program based upon the criteria below are also eligible for meals:



### Pregnant Members

Members must meet the following criteria:

- Member is actively engaged with SSFB Care Management
- Member is pregnant and between 20-32 weeks gestation.
- Identify as having a food insecurity as identified in the OB Screen, OB Care Management Assessment, Trimester Assessments or Comprehensive Member Assessment
- Enrolled in WIC services
- Have a history of or one of the following conditions:
  - Hypertension or preeclampsia
  - Diabetes or gestational diabetes

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## Meal Benefits

Members who live alone and have inadequate caregiver support at home or are unable to prepare or access food due to their physical health conditions may be eligible.

Members who meet criteria for our chronic condition pilot programs below are also eligible for meals:



### Chronic Disease Management- Adult Member

Members can qualify for up to 12 weeks of meals.

Members must meet the following criteria:

- Identify as having a food insecurity
- 18 years of age or older
- Have one of the following conditions:
  - Hypertension
  - Diabetes
  - Obesity

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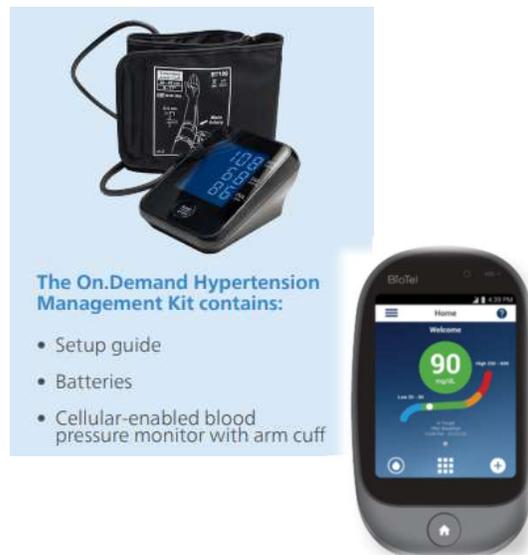
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## Telemonitoring for Hypertension and Diabetes

Program supporting members with Hypertension and Diabetes. Members engaged in this program will receive Bluetooth enabled devices, either glucose monitor or blood pressure cuff. Members engaged receive the following:

- Welcome Kit
- Clinical support and compliance outreach
- DM supplies sent directly to member's door when member is compliant with checking his/her blood sugars.



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App designed to address the areas of loneliness, isolation, depression, and anxiety.  
The program is available for members ages 13 and older.

Pyx Health can help.

If you feel lonely, depressed, or anxious navigating today's world, Pyx Health can help.

Our app and trained staff can help you feel better, day and night. With Pyx Health, you're not alone.

Confidential, judgement-free support

Connect with someone who gets you

App loaded with resources and activities



PyxHealth.com

1-855-499-4777 (TTY: 711)

PyxHealth.com

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Children's Trust Fund Mission – Strengthening families and preventing child abuse and neglect through grant distribution, education, awareness and partnerships.

SMHK is partnering with Children's Trust Fund to provide direct referrals for home visiting services.

Home visiting has been proven to impact a wide variety of outcome domains:



Prenatal Maternal Medical Care



Economic Mobility



Child Medical Care



Child Safety



Family Wellbeing and Empowerment



School Readiness



Mental Health

The Children's Trust Fund



Focuses on achieving positive outcomes for children and families across the state of Missouri



Provides funding to over 52 community-based prevention programs



Provides public education and awareness to strengthen efforts in preventing child abuse

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## Digital Care Management

Dear <Member Name>,  
 I was reviewing your information and noticed you are due for your  
 <WELL CHECK UP/DENTAL VISIT/ANNUAL BREAST CANCER SCREE  
 DIABETES CHECK UP/CERVICAL CANCER SCREENING >

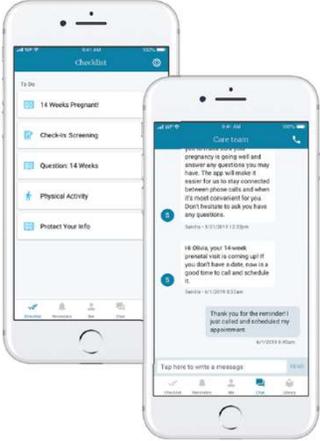
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It is important to keep up with your health and wellness!  
 I will be giving you a call soon to help get this scheduled for you.

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CM NAME  
 Your Care Manager at Home State Health





Wellframe allows members to communicate with the care team via text and grants access to articles and videos related to pregnancy and an ability to set reminders to help stay on top of medications, exercise, and appointments.

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## Additional Programs & Benefits

**HiSET Exam Voucher Program** is available to members over the age of 16 who have education-related goals in their care plan. Members will receive one (1) HiSET Exam Voucher (which includes all five (5) tests) per year

**MARC Program:** Health promotion courses that are 6 week, small-group classes that support chronic health conditions, develop healthy eating habits, and developing action plans to enhance the quality of life.

**Weight Watchers:** Members with a BMI greater than 25 and is engaged with disease or care management is eligible for the program. Members can select in-person or 14 weeks of online tools/classes.

**24 Hour Nurse Advice Line:** Available 24 hours a day: 1-855-694-HOME (4663)

**Medication Lock Boxes**

**Nurse Advice Line**  
 Here when you need us



**myHiSET**



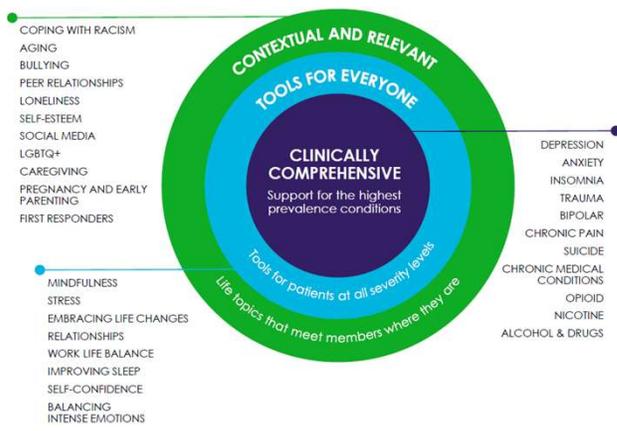
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## Virtual Health Visits and Behavioral Health Support



- COPING WITH RACISM
- AGING
- BULLYING
- PEER RELATIONSHIPS
- LONELINESS
- SELF-ESTEEM
- SOCIAL MEDIA
- LGBTQ+
- CAREGIVING
- PREGNANCY AND EARLY PARENTING
- FIRST RESPONDERS
- MINDFULNESS
- STRESS
- EMBRACING LIFE CHANGES
- RELATIONSHIPS
- WORK LIFE BALANCE
- IMPROVING SLEEP
- SELF-CONFIDENCE
- BALANCING
- INTENSE EMOTIONS
- DEPRESSION
- ANXIETY
- INSOMNIA
- TRAUMA
- BIPOLAR
- CHRONIC PAIN
- SUICIDE
- CHRONIC MEDICAL CONDITIONS
- OPIOID
- NICOTINE
- ALCOHOL & DRUGS

**Teladoc Health** offers convenient confidential access to quality doctors for both medical and behavioral health conditions. It's available 24/7.

\*Teladoc does not provide BH support for members <18 years old.

**Mental Health Digital:** Support of members with any behavioral health conditions, chronic pain, or substance use. The resources are built on evidence-based modalities such as CBT, DBT, ACT, MI, and mindfulness. Allows members to take assessments such as PHQ9 to better assess severity of depression and anxiety.

[www.teladoc.com](http://www.teladoc.com)

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## Dental and Vision Benefits

### Vision

All members through age 25, pregnant, or have blindness:

- One comprehensive eye exam or one limited eye exam per calendar year
- One pair of eye glasses every 2 calendar years.
  - Frames must be sturdy and of good quality
  - Special frames will be covered only when considered medically indicated as defined by MO Healthnet
  - A member may request a more expensive frame than provided under the MO Healthnet program but would be responsible for the cost associated with the more expensive frame.
  - Replacement of eyewear is a benefit when glasses are necessary for school.

[Find a HealthCare Provider \(envolvehealth.com\)](http://envolvehealth.com)

### Dental

Dental benefits depend upon ME code. Pregnant women have pregnancy benefits through on year postpartum.



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## Transportation Benefit



If you have MO HealthNet (Medicaid) Managed Care benefits from Home State Health and are eligible for the transportation benefit,\* you can use Rideshare, such as Lyft or Uber, to get to and from your doctor appointments, lab tests, therapy appointments and any other non-emergency medical appointment.



Rideshare delivers short wait times, outstanding service, ride tracking and better access to healthcare services.

\*To check if transportation is available for a service or appointment, in your area, call member services at 1-855-694-HOME (4663) (TTY:71).

**CALL 3 DAYS BEFORE THESE APPOINTMENTS TO ARRANGE A RIDE:**

- Alcoholics Anonymous meetings
- Childbirth classes
- Community Resources (i.e. clothing drive, utility assistance, food pantry, shelter)
- Counseling
- Daycare
- Eye exams
- Education/Trade School
- Grocery Store
- Hospital visitations
- Job Interview
- Other healthcare appointments
- Pharmacy
- Various therapies
- WIC appointments
- Work

*If you have an emergency, call 911, and/or go to the nearest emergency department, even if it is not in the Home State Health network.*

### Multiple Stops

Home State Health offers multiple trips that allow a parent transportation from home to pick up children at school and then on to doctor appointments.




For more information on multiple stops, call Home State Health at 1-855-694-(HOME) 4663

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## My Health Pays Rewards

Earn My Health Pays rewards when you complete healthy activities like a yearly wellness exam, annual screenings, tests and other ways to protect your health.

Use Your My Health Pays rewards to help pay for:

- Utilities
- Transportation
- Telecommunications
- Childcare services
- Education
- Rent
- Shop at Walmart for everyday items

\*\*This card may not be used to buy alcohol, tobacco, or firearms products

<https://www.homestatehealth.com/members/medicaid/member-resources/healthy-rewards-program.html>



<p><b>Tobacco-Free Counseling.</b> Completion of 2 smoking cessation counseling sessions per calendar year either by enrolling in our Disease Management program and completing them with a Health Advisor OR completing them with assigned primary care doctor (eligible ages 18+).</p>
<p><b>Behavioral Health (BH) Follow Up Visit.</b> Completion of a follow up doctor visit within 30 days of being discharged from a behavioral health related inpatient admission (eligible ages 6+).</p>
<p><b>Annual Breast Cancer Screening</b> Completion of at least one screening per calendar year (eligible ages 40-74).</p>
<p><b>Annual Chlamydia Screening.</b> Completion of chlamydia screening once per calendar year (eligible ages, 16-24).</p>
<p><b>Cervical Cancer Screening.</b> Completion of one screening within a 3-year period (eligible ages, 21-64).</p>
<p><b>Notification of Pregnancy (NOP).</b> Completion of a Member NOP (can complete via member portal or with a care manager).*</p>
<p><b>Pregnancy Trimester Assessments.</b> Earn \$10 for each trimester assessment completed with care manager (up to 4).*</p>
<p><b>For every 3rd prenatal doctor visit.</b></p>
<p><b>Depression Screening.</b> Earn \$10 for each Edinburgh Depression Screening completed with a care manager (up to 2 total, prenatal and postpartum).*</p>
<p><b>Postpartum Doctor Visit.</b> Must complete doctor visit within 7-84 days (12 weeks) after delivery.*</p>

**Seasonal Flu Vaccine.** Members can receive up to two flu vaccines per calendar year. (September-April).

**Health Risk Assessment (HRA).** Must complete HRA within 30 days of enrollment. To complete, call the HSH/SMHK phone numbers below.

**Well Care Visit with Assigned Primary Care Doctor.** Must complete visit within 90 days of enrollment.

**Annual Well Care Visit.** Complete annual Well Care Visit with assigned primary care doctor (eligible for ages 2+).

**Telehealth Visit.** Completion of one telehealth visit per calendar year.

**Lead Screening.** Completion of lead screening test before members' 2nd birthday. (Can only earn this reward once per lifetime).

**Annual Dental Visit.** Complete annual dental visit once per calendar year (eligible ages 2-21).

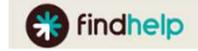
**Health Coaching Calls.** Completion of at least 3 health coaching calls (per calendar year). To be eligible, member must be enrolled in Care Management with a diagnosis of asthma, depression, diabetes, or pediatric obesity.

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## Resources



Receive free diapers and baby wipes by quitting smoking! Enroll in Baby & Me-Tobacco Free and access one-on one phone or video counseling from the comfort of your home, a plan to support and help you quit smoking and up to \$350 in gift cards for diapers and baby wipes. If you are up to 36 weeks pregnant, a current tobacco user, quit since becoming pregnant or quit within three months of becoming pregnant  
[Baby & Me Tobacco Free – Changing the Future \(babyandmetobaccofree.org\)](#)



Community Resource Directory that allows you to easily find resources available in your community.  
[Home State Health Plan by findhelp - Search and Connect to Social Care](#)



350 Minutes, Unlimited Text & 4.5GB of Data. Restrictions apply.

Call 1-800-Safelink or Apply today at [www.safelink.com/en/ACP22](http://www.safelink.com/en/ACP22)

## My SNAP Benefit

Supplemental Nutrition Assistance Program (SNAP) offers a monthly benefit to help those in need buy food and food products.



Provides supplemental food, health care referrals, nutrition education and breastfeeding promotion and support to eligible pregnant, breastfeeding and postpartum women, infants and children up to age five.

## Care Management Referrals



[HSHPCareManagement@Centene.com](mailto:HSHPCareManagement@Centene.com)  
 Phone: 1-855-694-4663 ext 6075125



[HSH\\_Anchors@homestatehealth.com](mailto:HSH_Anchors@homestatehealth.com)  
 Phone: 1-877-236-1020 ext 6080448



Please fill in below for assistance with your Home State Health patient

- Pregnancy Care Management/Care Coordination (Field and Telephonic)
- Transportation
- Utilities, Housing or Food Assistance
- Appointment Reminders & Attendance
- Diapers, Clothing, Crib / Safe-Sleep
- Mobile App with Lactation Consultant & 24-hour Nurse Line
- Behavioral Health
- Weight Management
- Chronic Condition Management
- Tobacco Cessation
- Other

Doctor name:

Doctor phone number:

Patient name:

Patient phone number:

Patient's date of birth:

## Provider Training

Provider Organizations can find our trainings here:

<https://attendee.gototraining.com/2c781/catalog/515382147146915584>

- MO Culturally Competent Care and the LGBTQIA+ Community
- MO Adverse Childhood Experiences
- Substance Related and Addictive Disorders
- Social Determinants of Health and Mental Health
- Suicide Risk
- Behavioral Health 101 Series: Post-Traumatic Stress Disorder
- SBIRT (Screening, Brief Intervention and Referral to Treatment)
- MO Psychotropic Medications
- Cultural Competence-Moving From Cultural Competence to Cultural Humility
- MO Counseling Access to Lethal Means
- Introduction to the ASAM Criteria
- Trauma Informed Care- Trauma Across a Life Span

# Do you need a ride?

We'll help you get there.



## Show Me Healthy Kids

MANAGED BY HOME STATE HEALTH

As our member, we want to make sure you get the quality care you need.



If you have MO HealthNet (Medicaid) Managed Care benefits from Home State Health (HSH) or Show Me Healthy Kids (SMHK) and are eligible for the transportation benefit,\* you can use Rideshare, such as Lyft or Uber, to get to and from any of your non-emergency medical appointments such as, doctor or therapy visits and lab tests.



Rideshare delivers short wait times, outstanding service, ride tracking and better access to healthcare services.

To check if transportation is available for a service or appointment, in your area, call our Member Service team:

<b>Home State Health</b> 1-855-694-4663 (TTY 711)	<b>Show Me Healthy Kids</b> 1-877-236-1020 (TTY 711)
---------------------------------------------------------	------------------------------------------------------------

## TO ARRANGE A RIDE OR REQUEST MILEAGE REIMBURSEMENT\*

**1** Call to schedule with MTM transportation directly at their 24/7 line **1-866-455-2097**

OR

**2** Book online at [mtm.mtmlink.net](http://mtm.mtmlink.net)

OR call:

<b>Home State Health</b> 1-855-694-4663 (TTY 711)	<b>Show Me Healthy Kids</b> 1-877-236-1020 (TTY 711)
---------------------------------------------------------	------------------------------------------------------------

Monday through Friday from 8am to 5pm

\*Mileage reimbursement must be submitted to MTM within 60 days. This benefit is for **non-emergency transportation** use only.

You can schedule same-day transportation for:

- Primary Care Physician (PCP) visits
- OB visits for pregnant members
- 7-day behavioral health follow up visits after an inpatient hospital stay
- Specialty visits (SMHK only)
- Dental visits (SMHK only)

For same-day transportation, please call at least **2 or 3 hours ahead of time** before your appointment.

For all other appointments, please call **3 days before** to arrange a ride.

If you have an emergency, call 911, and/or go to the nearest emergency department, even if it is not in the Home State Health or Show Me Healthy Kids network.

[HomeStateHealth.com](http://HomeStateHealth.com)



If you need assistance with transportation\* to your healthcare appointments—we can help!

\*For our members receiving transportation as a covered benefit.

We can arrange non-emergency medical transportation (NEMT) to the many health and medical services covered by Home State Health and Show Me Healthy Kids.



## Multiple Stops?

Home State Health and Show Me Healthy Kids members and their parents/caregivers can make multiple stops, allowing the parent/caregiver transportation from home to pick up children at school and then to a doctor appointment or to pick up a prescription.

For grades K-12 and College, rides to and from school/classes require prior authorization.

For more information about these rides call our Care Management team:

- HSH: 1-855-694-4663 ext. 6075125
- SMHK: 1-877-236-1020 ext. 6080448

## Show Me Healthy Kids

Parents/caregivers may bring other young children with them when utilizing transportation to appointments.

## CALL AT LEAST 3 DAYS BEFORE THESE APPOINTMENTS TO ARRANGE A RIDE:

- Alcoholics Anonymous meetings
- Childbirth classes
- Community Resources (i.e. clothing drive, utility assistance, food pantry, shelter housing assistance)
- Counseling
- Daycare
- Eye exams
- Education/Trade School
- Grocery Store
- Hospital visitations
- Job Interview
- Other healthcare appointments
- Pharmacy
- Various therapies
- WIC appointments
- Work and Employment Services

## Show Me Healthy Kids only:

- Child welfare visits and related meetings (SMHK only)
- Court appointments (SMHK only)
- Family Visits (SMHK only)

If you, or someone you're helping, has questions about Home State Health, you have the right to get help and information in your language at no cost. American Sign Language interpreter services are available as well. For Show Me Healthy Kids interpreter services, call 1-877-236-1020 (TTY/TDD 711). For Home State Health interpreter services, call 1-855-694-4663 (TTY/TDD 711).

Si usted, o alguna persona a la que ayuda, tiene preguntas sobre Home State Health, tiene derecho a recibir ayuda e información en su idioma sin ningún costo. Además, hay servicios de interpretación en lenguaje de signos americanos. Para los servicios de interpretación de Show Me Healthy Kids, llame al 1-877-236-1020 (TTY/TDD 711). Para los servicios de interpretación de Home State Health, llame al 1-855-694-4663 (TTY/TDD 711).

如果您或者您帮助的人对Home State Health有疑问，您有权免费以您的语言得到帮助和相关信息。我们也提供美国手语口译服务。如果需要Show Me Healthy Kids口译服务，请致电1-877-236-1020 (TTY/TDD 711)。如果需要Home State Health口译服务，请致电1-855-694-4663 (TTY/TDD 711)。



# Care Management Assistance Form



home state health

*Please fill in below for assistance with your Home State Health patient*

Pregnancy Care Management/Care Coordination  
(Field and Telephonic)

Transportation

Utilities, Housing or Food Assistance

Appointment Reminders & Attendance

Diapers, Clothing, Crib / Safe-Sleep

Mobile App with Lactation Consultant & 24-hour Nurse Line

Behavioral Health

Weight Management

Chronic Condition Management

Tobacco Cessation

Other

---

Doctor name:

---

Doctor phone number:

---

Patient name:

---

Patient phone number:

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Patient's date of birth:

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**Send to Home State Health:**



HSH phone: **1-855-694-4663 ext 6075125**



HSH email: [HSHPCareManagement@centene.com](mailto:HSHPCareManagement@centene.com)



URL: [HomeStateHealth.com](http://HomeStateHealth.com)

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HSH25124 SMHK25100; 12/11/2024



**Show Me Healthy Kids**

MANAGED BY HOME STATE HEALTH

Coverage you need

It's all part of my plan.



**Home State Health and Show Me Healthy Kids health plans make it easy for members to access medical, behavioral health, vision, and dental services.**

**First**, choose a primary care doctor (PCP) today, so you can get care when you need it.

To schedule an appointment call:

**Home State Health: 1-855-694-HOME (4663)**

— OR —

**Show Me Healthy Kids: 1-877-236-1020**

You can also visit **HomeStateHealth.com** to search our provider directory.

## KEEPING KIDS HEALTHY

Children do not need to be sick to see a doctor. Your child should have a well-child checkup every year. The doctor will make sure your child is healthy and up to date on immunizations (shots). Immunizations help protect children from diseases like polio and measles. Young children may need to be checked for lead exposure. Lead exposure can cause learning and behavior problems.

**Is your child a teenager?** He or she will need an adolescent health check. This may include a screening for depression. The doctor may ask about risks teenagers may take, like using drugs.

Call Home State Health or go online to HomeStateHealth.com to learn more about the recommended immunizations for your child.

## Some of our benefits



### **Nurse Advice Line**

A 24-hour nurse hotline to answer health-related questions.



### **Telehealth**

24/7 access to virtual visits with U.S. licensed doctors.



### **My Health Pays**

Our nationally acclaimed program for promoting healthy living and earning rewards. You earn rewards by completing healthy behaviors that will be loaded onto a card that can be used to purchase some of the items you need.



### **Mobile App**

Download the Home State Health mobile app to view your member information and find cool community resources. You can also view the amount of dollars available on your My Health Pays card.

## OTHER BENEFITS AND PROGRAMS

### **Enhanced & Same Day Transportation**

Same day transportation is available for visits to your Primary Care Physician (PCP), OB/GYN for pregnant members, and for 7-day Behavioral Health visits after a hospital stay.

Transportation is also available for family visits, court appointments, child welfare-related meetings, WIC appointments, and social determinants of health-related supports, such as to food banks, employment services, job interviews, and housing-related meetings. (For members eligible to receive non-emergency transportation services as a covered benefit).

### **Telemonitoring Devices**

You can receive Bluetooth enhanced devices such as a glucose monitor or a blood pressure cuff if you have a diagnosis of diabetes and/or hypertension.

### **Asthma Care Management Program**

Provides the support, tools, and resources you may need to control asthma.

### **Baby Showers for Moms:**

Showers provide education, support, baby care demonstrations, breastfeeding tips, and gifts to pregnant moms/moms who have recently delivered. Showers are held throughout the state of MO at various Federally qualified health, recreation, and community centers.

### **Start Smart for Your Baby®**

Our award-winning program for pregnant and new moms.

### **Mom's Meals Service**

If you recently delivered a baby and were released from the hospital OR are unable to make or get food because of a health condition, you may be eligible to receive up to 30 days of meals from Mom's Meals.

### **Maternity Support Bands**

Pregnant moms enrolled in Care Management are eligible to receive a maternity abdominal support band. These bands help support your waist, hip and lower back.

### **Weight Watchers**

A program that works towards better eating and lifestyle habits. Members must meet program requirements to participate.

### **Digital Care Management**

An application (app) that connects you with your Home State Health or Show Me Healthy Kids care management team for support. You will have access to articles and videos, the ability to set reminders for appointments, medications, & exercise, and can communicate directly with your care manager via the digital platform.

### **ConnectionsPlus Phone Program:**

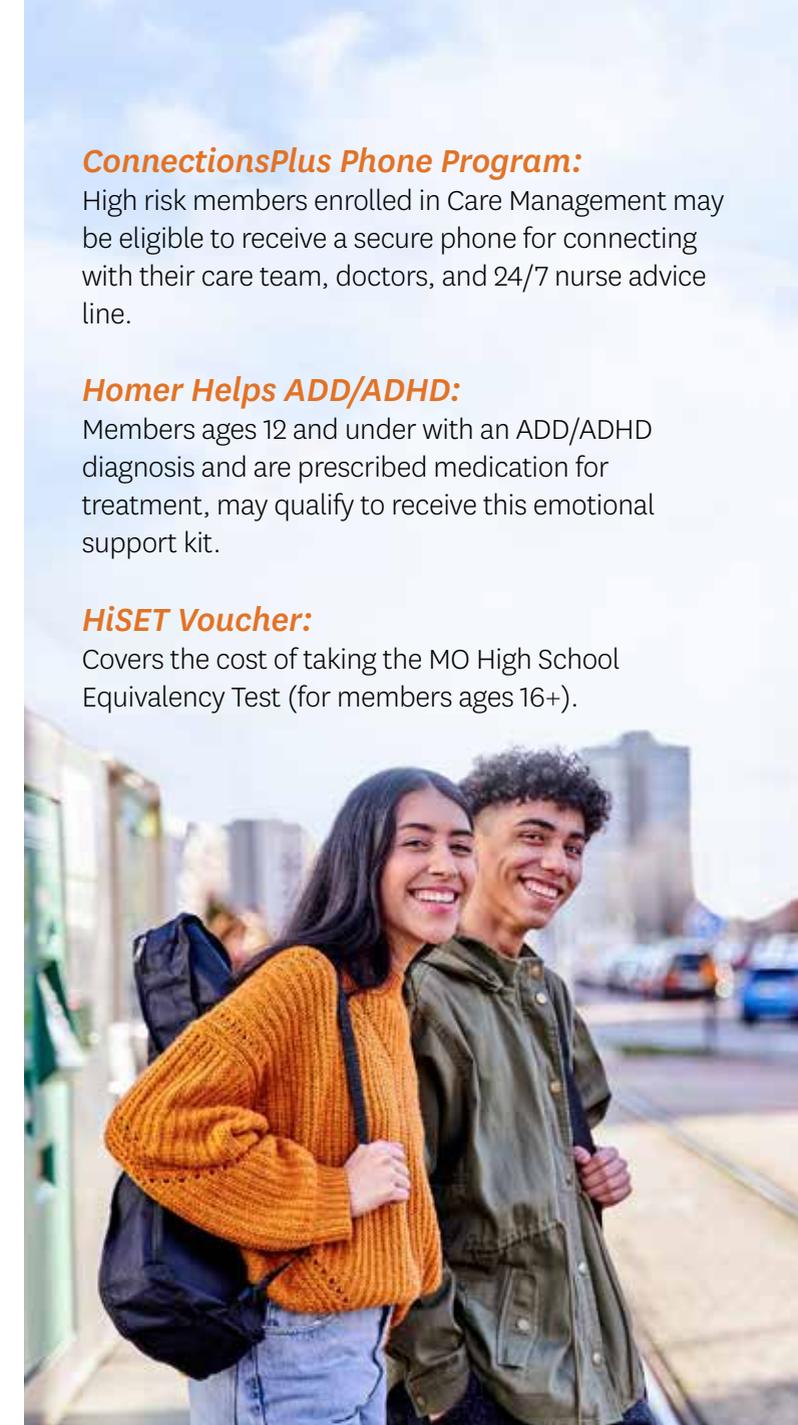
High risk members enrolled in Care Management may be eligible to receive a secure phone for connecting with their care team, doctors, and 24/7 nurse advice line.

### **Homer Helps ADD/ADHD:**

Members ages 12 and under with an ADD/ADHD diagnosis and are prescribed medication for treatment, may qualify to receive this emotional support kit.

### **HiSET Voucher:**

Covers the cost of taking the MO High School Equivalency Test (for members ages 16+).



For all the services and benefits listed, please call Member Services for more information.

Home State Health: 1-855-694-4663 | Show Me Healthy Kids: 1-877-236-1020 | TTY: 711 | Monday through Friday, 8am to 5pm | [homestatehealth.com](http://homestatehealth.com)